



Please complete the quiz and send it back to annemarie@rooibosonthego.co.za. We will contact you with the results. Thank you!

Name: _____ **Mobile:** _____

Email: _____

1. WHAT DOES YOUR SKIN *LOOK* LIKE IN THE MORNING?

- a) Dull, blotchy and/or sallow
- b) Normal and/or shiny in certain areas
- c) Pimples, breakouts and shiny/greasy
- d) Normal to red
- e) Radiant complexion with no visible pores.

2. HOW DOES YOUR SKIN *FEEL* DURING THE DAY?

- a) Dry and even tight
- b) Normal with a few exceptions
- c) Dirty and greasy
- d) Irritated, itchy, burning and even warm
- e) Normal

3. HOW OFTEN DO YOU LIKE TO WASH YOUR FACE?

- a) When necessary, soap makes my skin itch or burn
- b) Twice a day
- c) All the time, it never feels clean for long
- d) Not often, burns too quickly
- e) Once to twice a day

4. HOW DOES YOUR MAKE-UP LOOK BY MIDDAY?

- a) Make-up tends to look dull and flaky and/or make-up irritates my skin easily
- b) Good, but I will need to re-apply powder on my nose and forehead
- c) I have to apply powder all the time, because my skin is too shiny. Make-up does not last
- d) I do not really want to wear too much make-up, as my skin reacts too quickly; it burns or irritates my skin.
- e) Good, I maybe just have to reapply my lipstick.

5. HOW OFTEN DO YOU GET A BREAKOUT?

- a) Never
- b) Sometimes, but just in certain areas
- c) Often
- d) If I do, it is normally small red bumps that are sore and it itch or burn.
- e) Rarely

6. WHAT IS YOUR BIGGEST CONCERN?

- a) Fine lines, premature ageing, skin feels dry
- b) Nothing really
- c) Pimples, blackheads, shine
- d) Skin is irritated and reacts very quickly to any products
- e) I do not have a big concern

7. IF YOU COULD ONLY USE ONE PRODUCT, WHICH ONE WOULD YOU BUY?

- a) Moisturiser
- b) Does not really matter
- c) Cleanser, preferably a gel or soapy cleanser
- d) It depends which product my skin will not react to
- e) My favourite one or something on special

8. WHAT DOES YOUR SKIN LOOK AND FEEL LIKE AFTER YOU WASH IT?

- a) Dry, dehydrated, tight, dull and sometimes even flaky
- b) Dry and oily in some areas, or mostly normal
- c) It is the only time when it is not shiny
- d) Itchy, red, burning and irritated
- e) Rosy cheeks

9. HOW OFTEN DO YOU FEEL THE NEED TO APPLY MOISTURISER?

- a) More than once a day
- b) More on my cheeks than anywhere else or only once a day
- c) Do not really want to apply a moisturiser, due to my oiliness
- d) Depends on how sensitive my skin is feeling
- e) Average of once a day

10. DESCRIBE YOUR T-ZONE:

- a) It's dry, just like the rest of my face, with fine pores
- b) Oily and shiny with open pores
- c) Definitely my problem area – greasy/oily with big open pores
- d) The least sensitive area of my face
- e) No visible pores